

HUMBLE BEE
LOCAL. ORGANIC. DELICIOUS!



**BAKERY
& CAFE**

**Organic Brunch Menu
May 1 & 2**

Weekend specials:

Substitutions on weekend specials are politely declined

Eggs Benedict served with potatoes and your choice of:

Turkey sausage 16 Canadian bacon 16

Breakfast torta with two scrambled eggs, mozzarella, spicy refried black beans, grilled onions, shredded romaine, jalapeno and aioli served with potatoes 15

Fava hummus toast with asparagus, arugula, toasted pepita, feta cheese, a poached egg served with a side salad 15

Mushroom, fennel and leek quiche with feta cheese and romesco served with a side salad 14.50

Masted sweet potato omelet with cheddar cheese and hollandaise sauce served with Brussels sprouts and turkey bacon bits 15

House Favorites:

English butty – turkey sausage, easy egg and cheddar cheese on a house-made English muffin served with potatoes and pickled cabbage 10.50

Tofu scramble - curried tofu with spinach, bell pepper, zucchini, onion, salsa and potatoes 13.50

Garden omelet – spinach, bell pepper, zucchini, onion and pesto with mozzarella cheese and potatoes 14

Ham and cheddar omelet - with grilled onions, spinach, salsa and potatoes 14.75 GF

Biscuits and country gravy - with turkey sausage, two buttermilk biscuits and a sunny egg 12

Apple cobbler French toast – with maple syrup and whipped cream 14.50

Short stack of pancakes – with fresh berries and maple syrup 14.25 Sub gluten-free 2

Panwich – Two medium eggs and two turkey sausages sandwiched in a large pancake topped with maple mascarpone and julienned apples 14.25 Substitute gluten-free 2

House-made granola served with whole-milk yogurt or milk with fresh berries and honey 10

A la carte breakfast:

Fruit cup 5.5
Turkey bacon 4.5 * Turkey sausage 4.5 * Pork bacon 5
Egg 2 each * Substitute egg whites 3
Pancake with butter and maple syrup 4.25 * Potatoes 3.25
Toast 3.5 * Buttermilk biscuit 2.25

Lunch (available after 11am):

Tuna melt – house-made tuna salad with fresh dill served on wheat bread with cheddar cheese. Served with a side salad or chips 15

Beet panini – roast beets, arugula, goat cheese and carrot-beet slaw. Served on wheat bread. With chips or a side salad 15

Almond ginger chop salad – shredded romaine, carrots, purple cabbage, almonds and sesame seeds with a zesty ginger vinaigrette 14 Add chicken or tuna 4.50

Da Beet salad – red leaf lettuce with roasted beets, candied nuts, blue cheese and julienned apples served with a poppyseed dressing 14 Add chicken or tuna 4.50

Kale Caesar – Shredded nero kale with Parmesan cheese and citrus segments with an eggless Caesar dressing 14 Add chicken or tuna 4.50

Americana pizza – red sauce with pepperoni, mozzarella, provolone, Parmesan and basil
Personal 12 Large 21

Lauren's Vegan pizza – Roasted garlic and rosemary spread with seasonal vegetables
Personal 12 Large 21

Drinks:**Coffee**

Organic drip coffee 3.75
Organic espresso Single 2.50 Double 3
Latte or Cappuccino 5.75
Mocha 6.50
Americano 4.25
Chai tea latte 5.50
Hot chocolate 5.50
Add organic vanilla, caramel, hazelnut or lavender syrup * Sub organic almond, soy or oat milk 1 *
Add extra shot of espresso 1.50

Tea

Organic iced tea 3.50
Organic Numi hot tea 3.50
Breakfast blend, Chamomile lemon, Earl Grey, Gunpowder green, Moroccan mint

Refreshments

Fresh Squeezed organic orange juice 6.25
Fresh Squeezed organic carrot orange juice 6.75
Fresh Squeezed organic lemonade 4.75
Fresh Squeezed organic lavender lemonade 4.75
Arnold Palmer 4.25

Specialty Juices

Dr. Feelgood – carrot, orange, beet, lemon, ginger, cayenne and fresh turmeric 8.5
Purple Heart – beet, orange, mixed berries, grapes and celery 8.5
Basic Bee – carrot, apple, orange, lemon, ginger, strawberry and celery 8.5
Green Flash – green apple, celery, spinach, kale, lemon and ginger
Strawberry Mojito – orange juice, lemonade, strawberries, ginger and muddled mint 7