

Father's Day Brunch Menu June 26 and 27

Weekend specials:

Substitutions on weekend specials are politely declined

Eggs Benedict served with potatoes and your choice of:

Turkey sausage 16 Canadian bacon 16

House Favorites:

Huevos Rancheros – aromatic black beans with Jack cheese atop a flour tortilla with two easy eggs, salsa sour cream, grilled peppers and pickled cabbage 13.75

Basic Bee-rrito – three scrambled eggs, cheddar cheese, potatoes and black beans in a house-made tortilla served with salsa and sour cream 11.50 Add bacon, turkey bacon or turkey sausage \$2.25

English butty – turkey sausage, easy egg and cheddar cheese on a house-made English muffin served with potatoes and pickled cabbage 10.50

Tofu scramble - curried tofu with spinach, bell pepper, zucchini, onion, salsa and potatoes 13.50

Garden omelet – spinach, bell pepper, zucchini, onion and pesto with mozzarella cheese and potatoes 14

Turkey Sausage and Spinach omelet – with caramelized onions, Jack cheese, spinach, salsa and potatoes 14.50 GF

Black Bean omelet with Jack cheese, spinach, aromatic black beans served with salsa, sour cream and potatoes 14.50

Ham and cheddar omelet - with grilled onions, spinach, salsa and potatoes 14.75 GF

Biscuits and country gravy - with turkey sausage, two buttermilk biscuits and a sunny egg 12

Apricot cheesecake French toast – with maple apricot drizzle 14.50

Strawberry shortcake short stack of pancakes with vanilla cake crumble and whipped cream 14.25

Panwich – Two medium eggs and two turkey sausages sandwiched in a large pancake topped with maple mascarpone and julienned apples 14.25 Substitute gluten-free 2

House-made granola served with whole-milk yogurt or milk with fresh berries and honey 10

A la carte breakfast:

Fruit cup 5.5

Turkey bacon 4.5 * Turkey sausage 4.5 * Pork bacon 5

Egg 2 each * Substitute egg whites 3

Pancake with butter and maple syrup 4.25 * Potatoes 3.25

Toast 3.5 * Buttermilk biscuit 2.25

Lunch (available after 11am):

Tuna melt – house-made tuna salad with fresh dill served on wheat bread with cheddar cheese. Served with a side salad or chips 15

Beet panini – roast beets, arugula, goat cheese and carrot-beet slaw. Served on wheat bread. With chips or a side salad 15

Almond ginger chop salad – shredded romaine, carrots, purple cabbage, almonds and sesame seeds with a zesty ginger vinaigrette 14 Add chicken or tuna 4.50

Da Beet salad – red leaf lettuce with roasted beets, candied nuts, blue cheese and julienned apples served with a poppyseed dressing 14 Add chicken or tuna 4.50

Kale Caesar – Shredded nero kale with Parmesan cheese and citrus segments with an eggless Caesar dressing 14 Add chicken or tuna 4.50

Americana pizza – red sauce with pepperoni, mozzarella, provolone, Parmesan and basil Personal 12 Large 21

Lauren's Vegan pizza – Roasted garlic and rosemary spread with seasonal vegetables

Personal 12 Large 21

Drinks:

Coffee

Organic drip coffee 3.75

Organic espresso Single 2.50 Double 3

Latte or Cappuccino 5.75

Mocha 6.50

Americano 4.25

Chai tea latte 5.50

Hot chocolate 5.50

Add organic vanilla, caramel, hazelnut or lavender syrup * Sub organic almond, soy or oat milk 1 *

Add extra shot of espresso 1.50

Tea

Organic iced tea 3.50

Organic Numi hot tea 3.50

Breakfast blend, Chamomile lemon, Earl Grey, Gunpowder green, Moroccan mint

Refreshments

Fresh Squeezed organic orange juice 6.25

Fresh Squeezed organic carrot orange juice 6.75

Fresh Squeezed organic lemonade 4.75

Fresh Squeezed organic lavender lemonade 4.75

Arnold Palmer 4.25

Specialty Juices

Dr. Feelgood – carrot, orange, beet, lemon, ginger, cayenne and fresh turmeric 8.5

Purple Heart - beet, orange, mixed berries, grapes and celery 8.5

Basic Bee – carrot, apple, orange, lemon, ginger, strawberry and celery 8.5

Green Flash - green apple, celery, spinach, kale, lemon and ginger

Strawberry Mojito – orange juice, lemonade, strawberries, ginger and muddled mint 7